**BBC Radio 5 Live**

04/20/2016 04:53:51 AM

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**4/20/2016 4:52:26 AM**

 European Union to focus on areas we can add value and not interfere so for his part conciliatory words not that mission that it's all horribly gone wrong place right now he is a health story and it's about the power of horror at all over the body if you own loneliness as the Commerce silent epidemic were told leading to heart attacks and strokes according to new research scientists

Oh also warning that a line on the net keep in touch with us via email and sites like Facebook made lightly compensate to face to face interaction and there has been story previously about loneliness may have an effect on health but this the thing to prove the link in findings by a team from the University of York Liverpool Newcastle if you analyse 23 different health studies involving 181000 adults who suffered incidence of heart disease and stroke world live extrapolate from that his feelings of loneliness and isolation associated with that 29 % increase in the risk of heart disease and a 32 % rise in the risk of stroke and this has been published in the journal heart and the leaders of said we found an Association between poor social relationships and cardiovascular disease comparable in size to the psychosocial risk factors such as anxiety and jobs trend so but 1st search Did very well stocked as thing to

prove a link which previously had a fling with a link but loft with our help in particular Michael booker at the express has busted but his goal was a bit of a wet they're all little boy in the state of Indiana life disappointed there earlier this month when none of the class mates invited came to us knowing the best part Emilio are nurses several classmates said the the attend a party for a grandson goal he'll turn on the 2nd of April another kid so she to to Facebook where she pushed the note asking people to send gold card an issue here he's had quite a response Amelia liar his grandmother takes up the story which begins on the day of the bus the party as he eagerly awaits the arrival of his class he the wind and fire play at our new Guinea then we're ready get a real quiet when people were forced to come week I came and went for a client came away